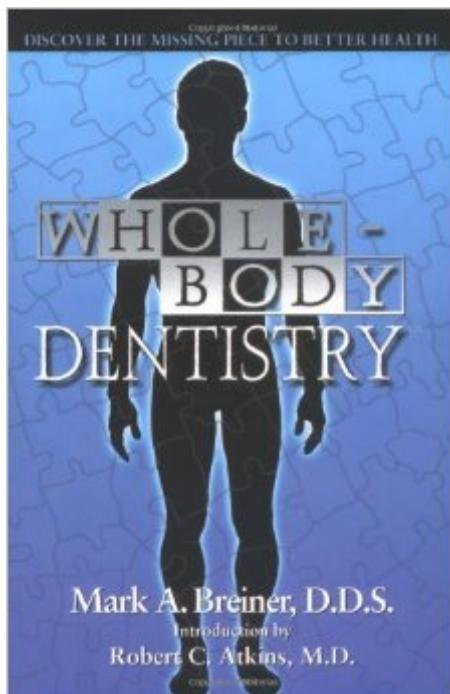


The book was found

Whole-Body Dentistry: Discover The Missing Piece To Better Health



Synopsis

Book by Mark A. Breiner

Book Information

Paperback: 240 pages

Publisher: Quantum Health Press, LLC; 1 edition (July 24, 1999)

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Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #558,381 in Books (See Top 100 in Books) #94 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Atkins Diet #138 in Books > Cookbooks, Food & Wine > Special Diet > Whole Foods #343 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Food Counters

Customer Reviews

This book has a lot of info on the hazards of having dental work done. The book talks about many issues that are based on proven science. The book also promotes very dubious devices, procedures, and ideas. I thought it important to mention two sections of this book. (some of the best and worst of this book)

The GOOD: Section 2 - Dental Amalgams

In the past 10 - 20 years there has been mounting evidence that silver fillings are not as safe as once thought. Mercury is a known (and very potent) neurotoxin and is not useful to your body in any form. Unfortunately mercury makes up ~50% of your supposedly "silver" fillings (the rest of the filling being ~35% silver and 15% other metals). Even though the mercury is supposedly stable in this form, there is plenty of scientific evidence that very tiny amounts leak into your body. While most people have a decent level of tolerance for these low levels of mercury, many people don't and consequently it affects their health negatively. Obviously the more "silver" fillings you have, the higher you are at risk for being negatively affected. The real unfortunate part of these negative health problems is that very few doctors are able to recognize that the mercury in these fillings is causing/exacerbating the problem.

The book also accurately addresses the politics behind why mercury is still endorsed today.

The BAD: Section 4 - Tools of the Trade

The book has a section about many "alternative" testing techniques. Most of these procedures/techniques have not been proven by proper science or peer

review in the medical community and are thus questionable at best. The worst of these is probably the Electro-dermal Screening (or sometimes called EAV).

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